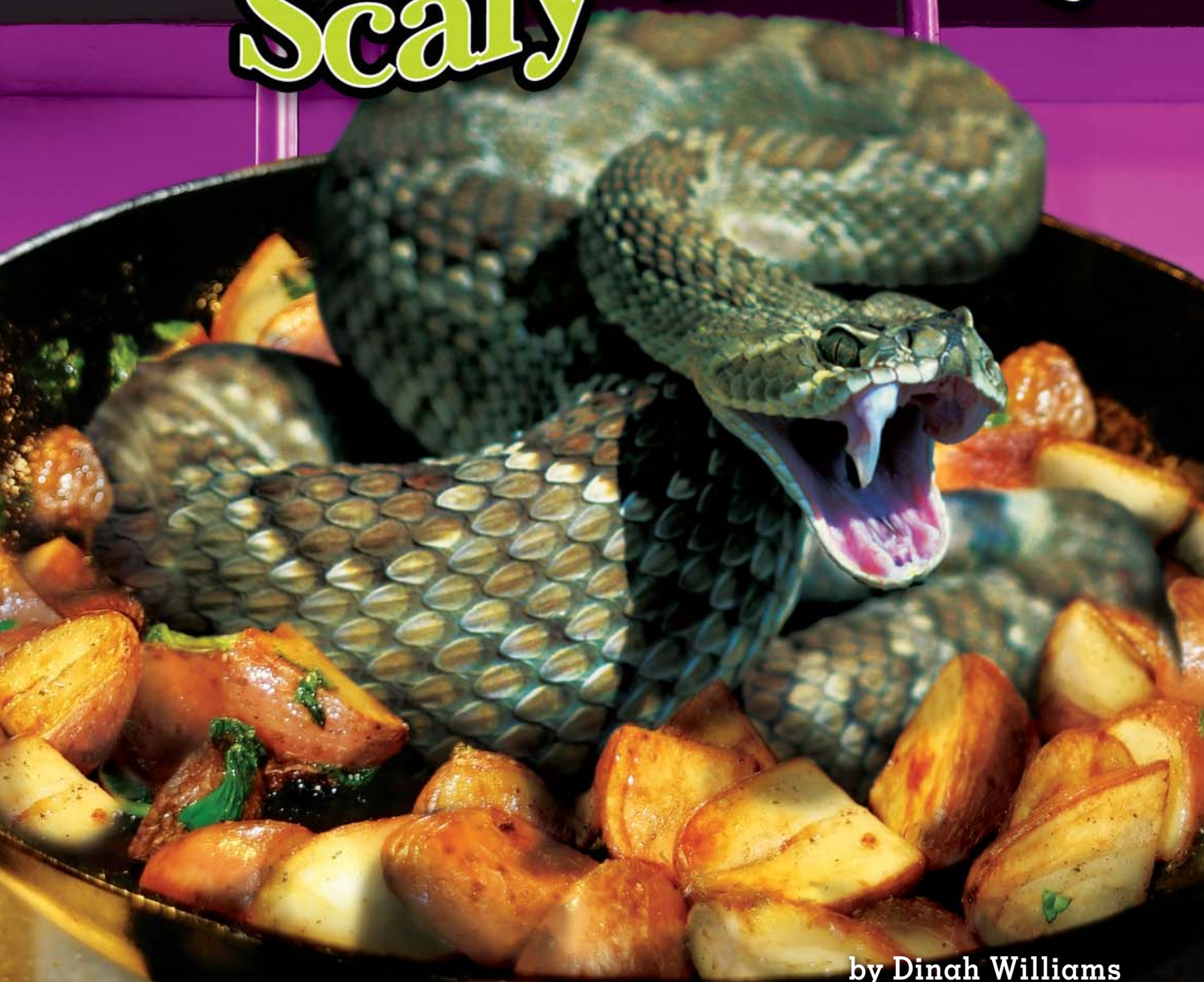


**Extreme
Cuisine**

Slithery, Slimy, Scaly Treats



by Dinah Williams

[Intentionally Left Blank]

Extreme Cuisine

Slithery, Slimy, Scaly Treats



by Dinah Williams

Consultants:

David George Gordon, author of *The Eat-a-Bug Cookbook*

Andrew Zimmern, co-creator and host of *Bizarre Foods with Andrew Zimmern*

BEARPORT
PUBLISHING

New York, New York

Credits

Cover and Title Page, © John Cancalosi/Alamy; 4L, © William M. Partington, Jr./Photo Researchers, Inc.; 4R, © lonelyplanetimages.com; 5, © Oliver Strewe/lonelyplanetimages.com; 6, © WorldFoto/Alamy; 7, © Zuma/Newscom; 8L, © Graham Day/Photolibrary; 8R, © WaterFrame/Alamy; 9, © Michael Freeman/Corbis; 10, © Claus Meyer/Minden Pictures/Getty Images; 11, © Aaron Nystrom; 12L, © Marco Simoni/Photolibrary; 12R, © Gerald Nowak/Photolibrary; 13, © zunique/Newscom; 14, © Andreas Koschate/Photolibrary; 15, © Riou/photocuisine/Corbis; 16, © David Northcott/Danita Delimont/Alamy; 17, © Christine Kokot/dpa/Landov; 18, © bitis73/ImageVortex; 19, © Maxim Marmur/AFP/Getty Images; 20, © Jeremy Woodhouse/Photolibrary; 21, © Teubner Foodfoto/StockFood Munich; 23TL, © Andreas Koschate/Photolibrary; 23TR, © Brian Weed/Shutterstock; 23C, © Hannamariah/Shutterstock; 23BR, © Gregory Guivarch/Shutterstock; 23BL, © Elke Dennis/Shutterstock; 24, © Dr. Morley Read/Shutterstock.

Publisher: Kenn Goin
Editorial Director: Adam Siegel
Creative Director: Spencer Brinker
Design: Debrah Kaiser
Photo Researcher: Laura Saravia

Library of Congress Cataloging-in-Publication Data

Williams, Dinah.

Slithery, slimy, scaly treats / by Dinah Williams.

p. cm. — (Extreme cuisine)

Includes bibliographical references and index.

ISBN-13: 978-1-59716-762-8 (lib. binding)

ISBN-10: 1-59716-762-2 (lib. binding)

1. Cookery—Juvenile literature. 2. Cookery, International—Juvenile literature.
3. Amphibians—Juvenile literature. I. Title.

TX652.5.W55185 2009

641—dc22

2008036378


Copyright © 2009 Bearport Publishing Company, Inc. All rights reserved. No part of this publication may be reproduced in whole or in part, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without written permission from the publisher.

For more information, write to Bearport Publishing Company, Inc., 101 Fifth Avenue, Suite 6R, New York, New York 10003. Printed in the United States of America.



~ MENU ~

Lizard Soup.....	4
Grilled Iguana	6
Crocodile Meals	8
Turtle Shell Stew.....	10
Raw Sea Turtle Eggs	12
Frogs' Legs	14
Barbecued Frogs.....	16
Snake Blood Drinks	18
Rattlesnake Chili	20
Where Are They Eaten?	22
Glossary	23
Index.....	24
Bibliography	24
Read More	24
Learn More Online	24
About the Author	24



Lizard Soup

There's no simple cure for the common cold. To feel better, many people drink orange juice and try to get plenty of rest. In China, however, some people eat lizard soup!

Lizards are a kind of **reptile**. In a part of southern China called Hong Kong, lizards are dried and then boiled in a **broth** with Chinese dates and yams. The cooked lizards are said to taste like fish. To people in some countries, it may seem strange to eat soup that has lizards in it. Yet for a sick person in China, it can seem as natural and soothing as a warm bowl of chicken soup.

lizard



dried lizards



lizard soup

A yellow speech bubble with a black outline and a yellow arrow pointing down towards the soup.

Some people in
China believe that
eating lizards is good
for a person's lungs
and heart.


Grilled Iguana

Why are so few green iguanas left in Costa Rica? They taste so good that people are killing—and eating—too many of them!

Green iguanas are large lizards that live in trees. People in parts of Central and South America have been eating them for more than 7,000 years. The tender white meat is often grilled. People say it tastes like chicken. In fact, these lizards are often called “chickens of the trees.”

green iguana





grilled iguana

It is against the law to hunt iguanas in Costa Rica. Instead, some farmers raise the animals and sell them for food.

Index

- | | | |
|----------------------------------|------------------------------------|------------------------------------|
| Central America 6 | Indonesia 14 | sea turtle 12–13 |
| China 4–5, 15, 18, 21, 22 | lizard 4–5, 6, 22 | sea turtle eggs 12–13, 22 |
| Costa Rica 6–7, 22 | lizard soup 4–5, 22 | snake 18–19, 20–21 |
| crocodile 8–9, 22 | Malaysia 18, 22 | snake blood 18–19, 22 |
| France 8, 14, 22 | Nicaragua 12, 22 | South America 6 |
| frog 14–15, 16–17, 22 | Papua New Guinea 8, 22 | Texas 20 |
| frogs' legs 14–15, 16, 22 | Peru 10–11, 22 | Thailand 8, 16, 18, 22 |
| giant river turtle 10 | Philippines 17 | turtle shell stew 10–11, 22 |
| Hong Kong 4 | rattlesnake chili 20–21, 22 | United States 15, 22 |
| iguana 6–7, 22 | sarapatera 10 | |

Bibliography

Hopkins, Jerry. *Extreme Cuisine: The Weird & Wonderful Foods That People Eat*. London: Bloomsbury (2004).

Schwabe, Calvin W. *Unmentionable Cuisine*. Charlottesville, VA: University Press of Virginia (1994).

Read More

Platt, Richard. *They Ate What?!: The Weird History of Food*. Minnetonka, MN: Two-Can Publishing (2006).

Wishinsky, Frieda, and Elizabeth MacLeod. *Everything but the Kitchen Sink: Weird Stuff You Didn't Know About Food*. New York: Scholastic (2008).

Learn More Online

To learn more about slithery, slimy, scaly foods, visit
www.bearportpublishing.com/ExtremeCuisine

About the Author

Dinah Williams has edited and written many books for children. She has also eaten many weird meals. She lives in Cranford, New Jersey.



[Intentionally Left Blank]

**Extreme
Cuisine**

Slithery, Slimy, Scaly Treats

Ready for a tasty meal? How about starting with a bowl of lizard soup or a plate of barbecued frogs? If you're in the mood for something spicier you can help yourself to some rattlesnake chili. When you're done you can wash it all down with a refreshing glass of snake blood.

Do people really eat these foods? Take a look inside and find out—but don't be too surprised by what you discover. After all, the world is a big place. One eater's "yuck!" is another eater's "yum!"

Baby Bug Dishes

Bug-a-licious

Mammal Menu

Shocking Seafood

Slithery, Slimy, Scaly Treats

**Spider-tizers and
Other Creepy Treats**

BEARPORT
PUBLISHING

www.bearportpublishing.com

ISBN-10: 1-59716-762-2
ISBN-13: 978-1-59716-762-8

